

Saison 24 25

Rahmen Trainingszeiten



Stand 12.07.24

Torhüter

| Athletik | U9/U11/U13 | U15/U17/u20 | 89ers | Ladies | U17/U20 | DEL2 | |
|----------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|
| Trainer | Mittwoch | Montag | Mittwoch | Sonntag | Dienstag | Mittwoch | Dienstag |
| Eis | 16.00 - 17.00 | 18.30 - 19.30 | 20.00 - 21.15 | 08.30 - 09.45 | 07.00 - 08.30 | 06.30 - 07.30 | 16.45 - 18.00 |
| Trainer | | | | | | | |
| Trainer | | | | | | | |

| Tag | Laufschule | U7 | U9 | U11 | U13 | U15 | U17 | U20 | |
|-----|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------------|---------|
| Mo | | | | | 18.30 - 19.15 | | 20.00 - 21.00 | 18.30 - 19.30 | |
| | | | | | Kostyrev | | Reschetnikow | Valenti | |
| | | 15.30 - 16.30 | 15.00 - 16.30 | | 16.45 - 18.15 | 16.45 - 18.15 | 18.30 - 19.45 | 20.00 - 21.00 | |
| | | Fahl | Klinge | | Bödefeld | Kostyrev | Reschetnikow | Valenti | |
| | | FSJ | Reschetnikow | | Pohl | Valenti | Pohl | Pohl | |
| Di | | | | | | | 19.45 - 21.00 | 18.00 - 19.30 | |
| | | | | | | | Langnese | Langnese | |
| | | | | 15.00 - 16.30 | | | 18.15 - 19.30 | 19.45 - 21.00 | |
| | | | Reschetnikow | Valenti | | | Reschetnikow | Valenti | |
| | | | | | | | Valenti | Reschetnikow | |
| | | | | | | | Valenti | Reschetnikow | |
| Mi | | | | | 18.45 - 19.30 | | 17.30 - 18.30 | 20.15 21.15 | |
| | | | | | 16.00 - 17.00 | | Langnese | Reschetnikow | Valenti |
| | 15.00 - 16.00 | 15.00 - 16.00 | | | Langnese | 17.15 - 18.45 | 19.00 - 20.00 | | |
| | Bödefeld | Fahl | | | Fahl | Bödefeld | Kostyrev | Reschetnikow | Valenti |
| | Langnese | FSJ | | | FSJ | Langnese | Pohl | | |
| Do | | | | | 17.45 - 18.30 | 16.45 - 17.30 | Athletik | | |
| | | | | | 15.00 - 16.15 | Langnese | Kostyrev | Reschetnikow | |
| | | | Reschetnikow | Langnese | 16.30 - 17.30 | 17.45 - 19.15 | 19.30 - 21.00 | | |
| | | | Klinge | FSJ | Bödefeld | Kostyrev | Reschetnikow | | |
| | | | | | Reschetnikow | Bödefeld | Bödefeld | | |
| Fr | | | | | DEL2 auswärts | DEL2 auswärts | | | |
| | 15.00 - 16.00 | 15.00 - 16.00 | | | 17.30 - 18.45 | 19.00 - 20.00 | | 16.00 - 17.00 | |
| | Bödefeld | Fahl | | | Bödefeld | Kostyrev | | Valenti | |
| | Langnese | FSJ | | | Langnese | Valenti | | Bödefeld | |