

Saison 22-23 Rahmen Trainingszeiten



DEL-2 Freitag HEIM Sonntag AUSWÄRTS

Wabern 1-2 Mannschaften je nach Turnierplan
Spiel

Torhüter

U9/U11/U13 Montags 16:15 - 17:00
U15/U17 Dienstag 18:15 - 19:00
U20 Dienstag 19:45 - 20:30

Tag	Laufschule	U7	U9	U11	U13	U15	U17	U20	89ers	Cats	DEL-2
Mo			15:00 - 16:00	15:00 - 16:00	16:15 - 17:45	18:00 - 19:30	19:45 - 21:15	19:45 - 21:15			
Di			15:15 - 16:45	15:15 - 16:45	18:00 - 19:30	18:00 - 19:30	18:15 - 19:30	19:45 - 21:00			
Mi	15:00 - 16:00	15:00 - 16:00			16:00 - 17:15	16:00 - 17:15	17:30 - 18:45	19:00 - 20:00	20:15 - 21:15		
Do				15:00 - 16:00	16:00 - 17:00	17:15 - 18:30	18:45 - 19:45	20:00 - 21:00			
Fr	16:00 - 17:00	15:00 - 16:00	15:00 - 16:00								H 19:30
Sa		08:00 - 09:00			09:15 - 11:45	09:15 - 11:45	13:15 - 16:00	13:15 - 16:00			
So		08:30 - 09:30			11:00 - 13:30	11:00 - 13:30	11:00 - 13:30	11:00 - 13:45	16:30 - 20:00	07:15 - 08:30	A xx:xx

DEL-2 Freitag AUSWÄRTS Sonntag HEIM

Wabern 1-2 Mannschaften je nach Turnierplan
Spiel

Torhüter

U9/U11/U13 Montags 16:00 - 16:45
U15/U17 Dienstag 18:15 - 19:00
U20 Dienstag 19:45 - 20:30

Tag	Laufschule	U7	U9	U11	U13	U15	U17	U20	89ers	Cats	DEL-2
Mo		15:00 - 16:00	15:00 - 16:00	16:00 - 17:15	17:30 - 19:15	19:30 - 21:15					
Di			15:15 - 16:45	15:15 - 16:45	18:00 - 19:30	18:00 - 19:30	18:15 - 19:30	19:45 - 21:00			
Mi	15:00 - 16:00	15:00 - 16:00		16:00 - 17:15			17:30 - 18:45	19:00 - 20:00	20:15 - 21:15		
Do				15:00 - 16:00	16:00 - 17:00	17:15 - 18:15	18:30 - 19:45	20:00 - 21:00			
Fr	16:00 - 17:00	15:00 - 16:00	15:00 - 16:00		17:15 - 18:15	18:30 - 19:30	19:45 - 21:00	21:15 - 22:15			A xx:xx
Sa		08:00 - 09:00			09:15 - 11:45	09:15 - 11:45	13:15 - 16:00	13:15 - 16:00			
So		08:30 - 09:30			11:00 - 13:30	11:00 - 13:30	11:00 - 13:30	11:00 - 13:45	16:30 - 20:00	07:15-08:30	H 18:30

Saison 22-23 Rahmen Trainingszeiten

DEL-2 Freitag HEIM Sonntag Auswärts

Wabern 1-2 Mannschaften je nach Turnierplan

Torhüter

U9/U11/U13 Montags 16:15 - 17:00
 U15/U17 Dienstag 18:15 - 19:00
 U20 Dienstag 19:45 - 20:30



Tag	Laufschule	Trainer	U7	Trainer	U9	Trainer	U11	Trainer
Mo					15:00 - 16:00 K1	Dennis Jodi Ernst	15:00 - 16:00 K2	Lasse Horst
Di					15:15 - 16:45 K1	Dennis Jodi Jan	15:15 - 16:45 K2	Lasse Florian Sven
Mi	15:00 - 16:00 K1	Jodi Ernst	15:00 - 16:00 K2	Horst				
Do							15:00 - 16:00 K2	Lasse Florian Horst
Fr	16:00 - 17:00 K4	Jodi Horst Dennis	15:00 - 16:00 K2	Horst	15:00 - 16:00 K1	Dennis Jodi		
Sa			08:00 - 09:00 K1	Horst	08:00 - 09:00 K1	Dennis	08:00 - 09:00 K1	Lasse
So			08:30 - 09:30 K4	Horst	08:30 - 09:30 K4	Dennis	08:30 - 09:30 K4	Lasse
	U13	Trainer	U15	Trainer	U17	Trainer	U20	Trainer
Mo	16:15 - 17:45 K4	Ernst Jan Max	18:00 - 19:30 K1	Ernst Manu/Sven	19:45 - 21:15	Sven	19:45 - 21:15	Jan
Di	18:00 - 19:30	Ernst	18:00 - 19:30	Ernst	18:15 - 19:30	Sven Jan	19:45 - 21:00	Jan Sven
Mi	16:00 - 17:15 K4	Ernst Jan Max	16:00 - 17:15 K4	Ernst Manu	17:30 - 18:45	Sven Ernst	19:00 - 20:00	Jan Sven
Do	16:00 - 17:00 K4	Ernst Jan Max	17:15 - 18:5 K1	Ernst Manu	18:30 - 19:45	Sven Ernst	20:00 - 21:00	Jan
Athletik	U13	Trainer	U15	Trainer	U17	Trainer	U20	Trainer
Mo	18:00 - 18:30	Christian	17:15 - 17:45	Christian	18:30 - 19:30	Christian	18:30 - 19:30	Christian
Di					17:15 - 17:45	Christian		
Mi	17:30 - 18:15	TBA	17:30 - 18:15	TBA	19:30 - 20:00	Christian	20:00 - 21:00	Christian
Do	17:15 - 18:00	Jodi	16:15 - 17:00	Jodi	17:15 - 18:15	Christian	18:45 - 19:45	Christian

Saison 22-23 Rahmen Trainingszeiten

DEL-2 Freitag AUSWÄRTS Sonntag HEIM

Wabern 1-2 Mannschaften je nach Turnierplan

Torhüter

U9/U11/U13 Montags 16:00 - 16:45
 U15/U17 Dienstag 18:15 - 19:00
 U20 Dienstag 19:45 - 20:30



Tag	Laufschule	Trainer	U7	Trainer	U9	Trainer	U11	Trainer
Mo			15:00 - 16:00 K2	Horst	15:00 - 16:00 K1	Dennis Jodi Ernst	16:00 - 17:15 K4	Lasse Horst
Di					15:15 - 16:45 K1	Dennis Jodi Jan	15:15 - 16:45 K2	Lasse Flo Sven
Mi	15:00 - 16:00 K1	Jodi Sven Jan	15:00 - 16:00 K2	Horst			16:00 - 17:15 K4	Lasse Horst
Do							15:00 - 16:00 K2	Lasse Flo
Fr	16:00 - 17:00 K4	Jodi Horst Dennis	15:00 - 16:00 K2	Horst	15:00 - 16:00 K1	Dennis Jodi		
Sa			08:00 - 09:00 K1	Horst	08:00 - 09:00 K1	Dennis	08:00 - 09:00 K1	Lasse
So			08:30 - 09:30 K4	Horst	08:30 - 09:30 K4	Dennis	08:30 - 09:30 K4	Lasse
	U13	Trainer	U15	Trainer	U17	Trainer	U20	Trainer
Mo	17:30 - 19:15 K1	Ernst Manu Max	19:30 - 21:15 K2	Ernst Manu				
Di	18:00 - 19:30	Ernst	18:00 - 19:30	Ernst	18:15 - 19:30	Sven Jan	19:45 - 21:00	Jan Sven
Mi					17:30 - 18:45	Sven Jan	19:00 - 20:00	Jan Sven
Do	16:00 - 17:00 K4	Ernst Jan Max	17:15 - 18:15 K1	Ernst Manu/Sven	18:30 - 19:45	Sven Ernst	20:00 - 21:00	Jan Sven
Fr	17:15 - 18:15 K2	Ernst Jan Max	18:30 - 19:30 K1	Ernst Manu	19:45 - 21:00	Sven Ernst	21:15 - 22:15	Jan
Athletik	U13	Trainer	U15	Trainer	U17	Trainer	U20	Trainer
Mo	17:00 - 17:30 19:00 - 19:30	Jodi Christian	18:00 - 19:00	Christian				
Di					17:15 - 17:45	Christian		
Mi					19:30 - 20:00	Christian	20:00 - 21:00	Christian
Do	17:15 - 18:00	Jodi	16:15 - 17:00	Jodi	17:15 - 18:15	Christian	18:45 - 19:45	Christian
Fr	16:00 - 16:45	Ernst	17:30 - 18:15	Jodi				